

You can get your Social Security benefits statement online instantly by creating a free my Social Security account at www.ssa.gov/myaccount. If you prefer a paper statement and don't have an online account, you can also request one by mail by completing and submitting Form SSA-7004. 

Online (Recommended)

1. **Go to the website:** Visit www.ssa.gov/myaccount. 
2. **Create an account:** If you don't have one, select "Create an Account" to set up your secure personal my Social Security account. 
3. **Access your statement:** Once logged in, you can view, save, and print your Statement immediately. 

By Mail (Paper Copy)

1. **Download the form:** Print and complete the Request For Social Security Statement (Form SSA-7004). *Attached*
2. **Mail the form:** Mail the completed form to the address provided on the form itself.
3. **Receive by mail:** You should receive your paper Statement in the mail within four to six weeks.

What's on the Statement?

- **Earnings History:** Your Social Security earnings record and history are shown.
- **Benefit Estimates:** You'll find personalized estimates for retirement, disability, and survivors benefits.

Request for Social Security Statement

Within four to six weeks after you return this form, we will send you:

- a record of your earning history;
- an estimate of how much you have paid in Social Security taxes; and
- estimates of benefits you (and your family) may be eligible for now and in the future.

NOTE: You can receive an immediate Social Security Statement online by using a free my Social Security account. Log in or sign up today at www.socialsecurity.gov/myaccount.

Please note: If you have received periodic Social Security Statements in the mail, this request may stop your next scheduled mailing.

We hope you will find the *Statement* useful in planning your financial future. Remember, Social Security is more than a program for retired people. Social Security is with you throughout life's journey. For example, it can help support your family when you die and pay you benefits if you become severely disabled.

If you have questions about Social Security or this form, please call our toll-free number, **1-800-772-1213 (TTY 1-800-325-0778)**

☐ Please check this box if you want to get your *Statement* in Spanish instead of English.

Please print or type your answers. The form should be printed double-sided. When you have completed the form, mail it to:

**Social Security Administration
Wilkes Barre Direct Operations Center
P.O. Box 7004
Wilkes Barre, PA 18767-7004**

1. Name shown on your Social Security card:

First Name:

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Middle Initial:

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Last Name only:

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2. Your Social Security number as shown on your card:

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3. Your date of birth

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4. Other Social Security numbers you have used:

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Privacy Act Statement
Collection and Use of Personal Information

Sections 205 and 1143 of the Social Security Act, as amended, allow us to collect this information, which we will use to accurately identify your Social Security earnings record, extract the recorded earnings history, and to produce the requested statement. Providing the information is voluntary but not providing all or part of the information may prevent us from assisting you with the request. As law permits, we may use and share the information you submit, including with other Federal agencies, contractors, and others, as outlined in the routine uses within System of Records Notices 60-0059, 60-0090, and 60-0224, available at www.ssa.gov/privacy. The information you submit may also be used in computer matching programs for Federal benefits eligibility or to recoup debts under these programs.

Paperwork Reduction Act Statement

This information collection meets the requirements of 44 U.S.C. § 3507, as amended by section 2 of the Paperwork Reduction Act of 1995. You do not need to answer these questions unless we display a valid Office of Management and Budget (OMB) control number. We estimate that it will take about 5 minutes to read the instructions, gather the facts, and answer the questions. ***Send only comments regarding this burden estimate or any other aspect of this collection, including suggestions for reducing this burden to: SSA, 6401 Security Blvd, Baltimore, MD 21235-6401.***
